



LONG DISTANCE COUNTY QUALIFIER EVENT

Level 4 Short Course

October 9th 2016

at Horfield Leisure Centre, Bristol

Under ASA Laws and Regulations and Technical Rules of Racing
Licensed Level 4 to qualify for County Championships: 4SW161182
25m, 8 lane pool with anti-wave ropes and electronic timing.

800m and 1500m freestyle

£15 per entry (all inclusive)

Organised by Keynsham Amateur Swimming Club on behalf of the City of Bristol swimming club network

Open meet information/entry pack can be downloaded from the website **www.keynshamswimmingclub.co.uk** or e-mail KASC LD@hotmail.com

Entries close 23:59 Saturday 10th September 2016

Meet promoter:

Chris Metcalfe, 8 Coronation Avenue, Keynsham, Bristol, BS31 2PT.

Meet e.mail: KASC_LD@hotmail.com

Venue:

Horfield Leisure Centre, Dorian Rd, Horfield, Bristol, Avon BS7 0XW

Programme of events:

The following times will be confirmed once entries are in:

8:30 Warm up

9:00 Racing starts

800m and 1500m heats will alternate, swimmers with slower seed times in earlier heats.

There will be a 15 minute comfort break for officials.

13:00 Finish

Meet conditions:

- [1] The meet will be held under ASA Laws and Regulations and Technical Rules of Racing, and has been Licensed Level 4 by the ASA for qualification into County Championships.
- [2] This is closed meet, participation being invited from members of:
- Backwell
- Bath Dolphin
- Calne Alpha 4
- City of Bristol Aquatics (following the merger with Bishopsworth and Bristol Central)
- Keynsham
- Soundwell
- United Bristol
- [3] All competitors must be registered as a competitive swimmer with the ASA , and may compete in the name of one club only.

- [4] There will be a top girl and a top boy award for the meet as a whole, for swimmers who qualify for their 2017 county championships for the first time at the meet, ranked according to their achieved time minus the qualifying time for their county championships age group (Somerset times adopted for all if those from Gloucestershire differ, 2016 times used if those for 2017 not available). In addition, participating clubs are welcome to make their own awards.
- [5] Heats will be seeded on entry times. Where a swimmer does not have a time for an event, they will be placed in a heat according to an estimated seed time based on their 200m and/or 400m freestyle times, and their age.
- [6] In accordance with recommendations of the ASA child protection policy, any person wishing to use video, zoom or close range photography, including mobile phones that have photographic capabilities should first register their details at the spectator entrance.
- [7] Swimmer's entry information will be held on a computer solely for the purposes of administering this competition. Consent, as required by the Data Protection Act 1998, to the holding of personal information on computer will be deemed to have been given by the submission of an entry. Personal Data will be available for inspection during the Meet on application to the Promoter. These details may be made public before, during or after the meet for the purposes of confirming entries, producing the programme, and releasing results.
- [8] Entries must be received from the participating clubs, preferably by completion of the entry form, submitted by 23:59 on Saturday 10th September 2016.
- [9] The entry fee is £15 per event, which will allow the meet to break even. There will be no charge for spectator entry, and heat sheets will be put on display in the spectator area.
- [10] Two poolside passes will be made available, free of charge, to each competing club. Only members of the ASA, leisure centre staff, and appointed timing staff are permitted poolside.
- [11] Acceptance / rejection of entries will be confirmed as soon as possible. All refunds will be made 'en block' to the club submitting the entries arrangements will be made with each club as appropriate.
- [12] If the event is over-subscribed, the following exclusions will be applied in the following order until the remaining number of entries can be accommodated, with the proviso that all participating clubs retain a minimum number of eight entries (or all of their entries if fewer than eight):
- swimmers who already have a qualifying time for the long distance event in their county championships
- swimmers who are too young to qualify for the long distance event in their county championships
- swimmers without a 200m freestyle time at a licensed meet
- swimmers in each age group with the slower 200m freestyle times at licensed meets
- [13] If the event is under-subscribed, participating clubs will be invited to nominate females to swim in the 1500m freestyle, and males to swim in the 800m freestyle.
- [14] The meet will require at least 19 qualified officials/timekeepers to commit to the whole session, in order to run smoothly and meet the licence requirements. Consequently clubs will be asked to identify roughly one official/timekeeper for every four confirmed entries.
- [15] As this is a break-even meet, there will be no refunds for withdrawals after the closing date, unless a substitute swimmer is prepared to compete.

[16] All fees for each club should be paid by a single cheque made payable to:

Keynsham Amateur Swimming Club.

- [17] Coaches must ensure they and their swimmers allow officials free passage along the poolside.
- [18] Swimmers must report to the marshals at least fifteen minutes prior to their heat, or the swimmer may lose their place in the event.
- [19] The small pool may be used at the discretion of the lifeguards and is for warm up or swim down only.
- [20] Any swimmer or club breaking these conditions will be liable to disqualification from their event.
- [21] The promoters reserve the right to refuse admission to any competitor or spectator
- [22] Neither the promoter nor Everyone Active Leisure accept any liability for any loss or damage to personal belongings.
- [23] Should it be necessary to cancel the meet, for reasons beyond the control of the promoter, refunds will be at the promoter's discretion.
- [24] In extenuating circumstances and due to situations out of the club's control during the competition the promoter reserves the right to make changes to the running of the meet.

HEALTH AND SAFETY

Please help to maintain a high standard of health and safety by not blocking stairways, emergency exits and walkways with bags (lockers are available in the changing area - £1 refundable).

Swimmers MUST be dry and wearing suitable clothing and footwear before entering the spectator areas.

Please report any issues immediately to a member of the pool staff or to the Meet Promoter.

WARNING TO ALL COACHES, TEAM MANAGERS & SWIMMERS

ANY SWIMMER UNABLE TO EXECUTE A SAFE DIVE FROM THE BLOCKS INTO SHALLOW WATER ARE REMINDED THAT THEY MAY START FROM THE SIDE OF THE POOL OR IN THE WATER

The City of Bristol **Network Clubs**





















LONG DISTANCE COUNTY QUALIFIER EVENT, 9TH OCTOBER 2016

SWIMMER ENTRY DETAILS:			Achieved times		
NAME	ASA No.	M/F*	1500/800*	400 free	200 free
*Males will be entered for the 1500m and females for the 800m freestyle.					
01115		ENERGE O 045 E 044			
CLUB:		ENTRIES @ £15 EACH = £			
CONTACT PERSON:		E-MAIL:			

PLEASE COMPLETE AS MANY FORMS AS NECESSARY AND SUBMIT WITH CHEQUE PAYABLE TO "KEYNSHAM AMATEUR SWIMMING CLUB" TO:

CHRIS METCALFE, 8 CORONATION AVENUE, KEYNSHAM, BRISTOL, BS31 2PT