

Soundwell Swimming Club

TRAINING TIMES

LEARN-TO-SWIM

Wednesday	6.30 - 8.00pm	Kingswood
Friday	7.00 - 8.30pm	Kingswood
Sunday	5.30 - 7.30pm	Kingswood

BRONZE

Wednesday	6.00 - 6.30pm	Kingswood
Sunday	5.30 - 6.00pm	Kingswood

SILVER

Wednesday	6.30 - 7.15pm	Kingswood
Sunday	6.30 - 7.30pm	Kingswood

GOLD

Monday	6.00 - 7.00pm	Kingswood
Tuesday	6.00 - 7.00am	Kingswood
Wednesday	7.15 - 8.00pm	Kingswood
Friday	7.00 - 8.00pm	Kingswood
Sunday	5.30 - 6.30pm	Kingswood

PLATINUM

Monday	6.00 - 7.00pm	Kingswood
Tuesday	5.30 - 7.00am	Kingswood
Wednesday	7.00 - 9.00pm	Kingswood
Friday	7.30 - 9.00pm	Kingswood
Sunday	6.00 - 7.30pm	Kingswood

CLUB

Tuesday	5.30 - 7.00am	Kingswood
Wednesday	8.00 - 9.00pm	Kingswood
Friday	8.00 - 9.00pm	Kingswood
Sunday	3.30 - 5.00pm	Bath Uni

DIAMOND

Monday	5.00 - 6.00pm	Kingswood <i>(w)</i>
Tuesday	5.00 - 7.00pm	Kingswood
Wednesday	5.30 - 7.00am	Kingswood
<i>Wednesday</i>	<i>5.15 - 6.45pm</i>	<i>Kingswood *</i>
Thursday	5.00 - 6.30pm	Kingswood
Friday	5.30 - 7.00am	Kingswood
Friday	5.00 - 6.00pm	Kingswood
Sunday	3.30 - 5.00pm	Bath Uni

PERFORMANCE

Monday	5.00 - 7.00pm	Winterbourne
Tuesday	5.30 - 7.00am	Kingswood
Tuesday	5.00 - 7.00pm	Kingswood
Wednesday	5.30 - 7.00am	Kingswood
<i>Wednesday</i>	<i>5.15 - 6.45pm</i>	<i>Kingswood *</i>
Thursday	5.00 - 6.30pm	Kingswood
Friday	5.30 - 7.00am	Kingswood
Friday	6.00 - 7.30pm	Kingswood
Sunday	5.00 - 7.00pm	Bath Uni

SENIOR PERFORMANCE

Monday	5.00 - 7.00pm	Winterbourne
Wednesday	5.30 - 7.00am	Kingswood
<i>Wednesday</i>	<i>5.15 - 6.45pm</i>	<i>Kingswood *</i>
Friday	6.00 - 7.30pm	Kingswood
Sunday	5.00 - 7.00pm	Bath Uni

Please Note

Italic

*Land training **

Bold

Compulsory to move up

Grey

Invite only

