



GCASA Short Course Entry Times 2019

Entry Times must have been achieved at a Swim England Licensed Meet (Levels 1-4) on or after 1st January 2018 and be included in the Swim England (ASA) National Ranking Database at the date of entering.

Girls	Freestyle					Breaststroke			Butterfly			Backstroke			Individual Medley		
	50m	100m	200m	400m	800m	50m	100m	200m	50m	100m	200m	50m	100m	200m	100m	200m	400m
10/11	40.03	1:33.00	3:13.52	6:17.04	***	54.44	1:59.00	4:07.60	45.34	2:01.00	4:00.00	46.92	1:41.94	3:35.98	1:41.91	3:24.27	***
12	37.87	1:26.00	3:01.15	5:54.42	12:59.12	49.78	1:49.00	3:49.10	42.66	1:46.00	3:32.05	44.09	1:33.88	3:18.91	1:37.22	3:11.97	7:10.54
13	35.34	1:20.00	2:50.03	5:39.04	12:12.80	46.69	1:40.00	3:34.95	40.20	1:34.00	3:22.50	41.65	1:27.90	3:07.20	1:31.69	3:03.69	6:44.00
14	33.74	1:15.00	2:42.37	5:28.76	11:35.87	44.39	1:36.00	3:23.48	38.30	1:29.00	3:06.13	39.73	1:23.64	2:59.07	1:27.14	2:57.42	6:24.88
15	33.03	1:10.00	2:37.37	5:21.22	11:14.22	42.81	1:33.00	3:16.11	36.95	1:26.00	2:55.17	38.34	1:20.95	2:53.22	1:24.65	2:53.52	6:12.07
16+	32.23	1:08.00	2:33.71	5:16.98	11:01.54	42.00	1:32.00	3:15.30	35.97	1:22.00	2:50.77	37.58	1:18.87	2:48.68	1:22.76	2:50.94	6:04.16

Boys	Freestyle					Breaststroke			Butterfly			Backstroke			Individual Medley		
	50m	100m	200m	400m	1500m	50m	100m	200m	50m	100m	200m	50m	100m	200m	100m	200m	400m
10/11	40.38	1:32.00	3:12.92	6:19.04	***	53.12	1:56.00	4:07.61	48.00	1:41.84	3:44.73	46.72	1:39.92	3:34.09	1:43.14	3:24.48	***
12	38.32	1:24.00	3:01.06	5:57.72	25:00.00	49.57	1:50.00	3:49.69	45.00	1:32.95	3:29.12	43.94	1:33.35	3:20.01	1:36.00	3:12.71	7:14.17
13	36.12	1:18.00	2:50.26	5:36.94	23:35.62	46.53	1:44.00	3:40.50	40.00	1:27.34	3:19.34	41.57	1:27.93	3:08.40	1:31.64	3:01.24	6:47.45
14	34.00	1:12.00	2:39.76	5:18.81	22:14.51	43.17	1:35.00	3:31.80	37.00	1:21.40	3:00.50	38.70	1:22.03	2:56.32	1:25.57	2:49.74	6:23.31
15	31.88	1:07.00	2:30.61	5:04.54	21.04.55	40.68	1:32.00	3:15.30	35.00	1:16.30	2:49.00	36.69	1:17.01	2:45.76	1:20.15	2:41.97	5:59.78
16+	29.14	1:05.00	2:24.03	4:55.09	20:11.17	38.60	1:28.00	3:08.00	33.00	1:12.29	2:39.50	34.69	1:13.17	2:37.76	1:16.37	2:36.99	5:42.43

Note 1 – Swimmers Age Group will be based on Age at 31st December 2019

Note 2 Girls qualifying for the 800m Freestyle will automatically qualify for the 1500m Freestyle event; and Boys qualifying for the 1500m Freestyle event will automatically qualify for the 800m Freestyle

Note 3 – All 50m events and the 200m Freestyle events will be swum Long Course – however short course entry times must be submitted for these events.