Camp Kit List

Swimmers are to take their TYR/Pool bags as hand luggage with a set of swimming kit inside. Trunks x3 Goggles x2 Club Hat x2/3 Towel x3 Snorkel Kick Board Pullbouy Hand paddles Foam Roller **Trainers** Shorts and T-shirt for land x 3/4 Snacks - Cereal bars / Soreen Recovery drink - SiS Recovery/energy powder Drinks Bottle x2 Social clothes **Toiletries**

Sun cream

Cap / sunglasses

Please feel free to add to this list.